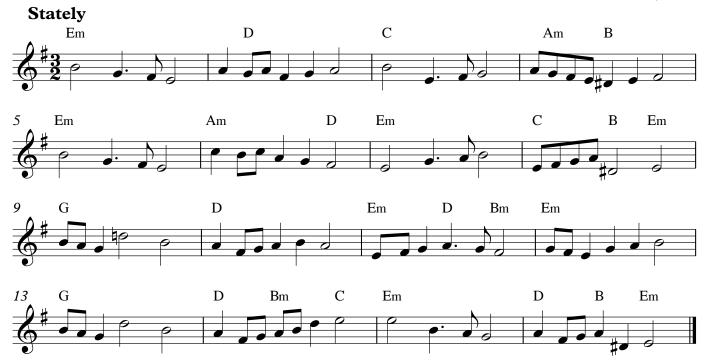
From A Distance

Lael Whitehead, 2020



From a Distance - a dance with no hands

Lael Whitehead (written during the Pandemic, March 2020)

Duple minor

- A (1-4) lst man cast down, 2nd woman cast up.

 lst man and 2nd woman half figure 8 into each others place (improper).
 - (5-8) Same for 1st woman and 2nd man. All are now progressed and improper.
- B1 (1-2) Partners cross, loop right to face back in and
 - (3-4) Partners gypsy Right
 - (5-6) Neighbours Gypsy Left
 - (7-8) Step right and honour