

FLYING HIGH (RED-TAILED HAWK)

Longways duple minor, 1s improper.

Tune: 32 bar waltz ('Red-Tailed Hawk', by Lael Whitehead)

A	<p>Set R&L to Ptnr, ½ gypsy Rt shoulder (4 bars); into....single file circle Left (clockwise) once around and end facing Nbr (4 bars).</p> <p>Set L&R to Nbr, ½ gypsy Left shoulder (4 bars); into....single file circle Rt (anti-clockwise) once around (4 bars).</p> <p><i>All progressed but crossed over</i></p>
B1	<p>Join hands in rings of 4, and set F&B towards the centre, then let go of hands for an expansive Turn Single Rt out to place (4 bars); into...</p> <p>...a swooping Back-to-Back Rt shldrs with Ptnr (4 bars).</p> <p>Face Nbr and Left shoulder Back-to-Back (4 bars);</p> <p>Nbrs facing, 2 (quick) changes of R&L with hands (2 bars), then a slow 3rd change with Nbr with a courtesy turn, and face Ptnr across (2 bars).</p>

Note: During the single file circles in the A, dancers should move in towards the centre during the first half of the circle and move back out to normal set positions during the second half, creating a sense of spiralling.

Lael says she wrote this tune “after watching a Red-Tailed Kite flying over her orchard at home, and my tune seeks to capture the beauty of the bird’s flight, spiralling and soaring with ease and elegance”. I have tried to mirror this in the dance movements, with the spiralling circles, the expansive turn single, and swooping back-to-backs.

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Neil Stuart. neil@wychwood.org.uk