

FAIR WINDS AND FOLLOWING SEAS

Cara King, 2019

3-couple Longways

Tune: "Fair Winds and Following Seas" by Karen McIvor (AABB) 3/4, D Major

- A1 1-2 Facing partner, all balance forward and back.
3-4 All set forward.
5-6 All turn single back to place.
7-8 Partners "hole in the wall" cross.
9-16 All that again, back to original place.
- A2 1-4 Partners right-shoulder siding, using a step-close to move.
5-9 Partners back-to-back.
9-14 Partners pass right shoulder to change sides and face CW around set, then single-file circle halfway until across from partner.
15-16 Partners right-shoulder walkaround about halfway, until all are improper with right shoulder to partner. (*End 3-2-1 improper*).
- B1 1-12 Six changes of a Triple Dolphin Hey, thus: each couple acts as a unit (a dolphin), with the original right-file dancers (a.k.a. the women) in the lead on the way up, and their partners (a.k.a. the men) in the lead on the way down. The hey begins by the 3s (at top facing down) passing the 2s (in the middle facing up) by the right shoulder. (*End 3-2-1 improper*).
13-16 Partners right-shoulder walkaround 1-1/2 times to proper sides.
- B2 1-4 "Wave Down," which is this: with all partners keeping eye contact, the top couple (3s) make their way to the bottom by dancing half a CW double Mad Robin with the 2s at the top, then a half a CCW double Mad Robin with the 1s at the bottom. (*End 2-1-3.*)
5-8 "Wave Down" (as in B2 1-4), starting with the 2s at the top (*End 1-3-2*)
9-12 "Wave Down" (as in B2 1-4), starting with the 1s at the top (*End 3-2-1*)
13-16 Bottom couple (1s) set and turn single in place *while* top two couples set and link to change places with neighbor. (*End 2-3-1*)

Music: Sheet music for "Fair Winds and Following Seas" can be found in the book "Fresh From Dan's Hall: original tunes by The Dancehall Players." A recording of the tune can be found on the Dancehall Players album "Fresh From Dan's Hall."

This dance is waves and eddies... -- Cara (CaraKingOnline@yahoo.com)