

DANCING THE DREAM

Longways duple minor, 1s improper.

Tune: 32 bar reel (A Dream of Dancing, by Lael Whitehead)

A	<p>Hands 4, circle Left $\frac{1}{2}$ way, Turn Single Left and face Ptnr across (4 bars);</p> <p>Hole-in-the-wall Left shldr change with Ptnr (4 steps to meet and face up/down, 4 steps to fall back) (4 bars);</p> <p>Hands 4, circle Rt $\frac{1}{2}$ way, Turn Single Rt and face Nbr along the side (4 bars);</p> <p>Hole-in-the-wall Rt shldr change with Nbr (4 steps to meet, 4 to fall back) (4 bars). Finish facing Ptnr across.</p> <p><i>All progressed but crossed over</i></p>
B1	<p>Back-to-Back Ptnr Rt shoulders (4 bars);</p> <p>Cross over Rt shldrs with Ptnr and loop/curve Left to face (4 bars); into...</p> <p>Sharp (curly) siding with Ptnr, Left shldr out, Rt shldr back (4 bars);</p> <p>2HT Ptnr once round (4 bars), releasing hands early to join hands 4 with new Nbrs.</p>

Note: In the A, the $\frac{1}{2}$ circles may need to be driven, just 4 steps each.

Lael Whitehead wrote this tune during the Covid lockdown and said in notes to the tune how important it suddenly felt to be able to dance with real people and “to meet their eyes and touch their hands”.

I have tried to encapsulate that in the dance moves, such as the circles and 2HT (touching) and the hole-in-the-wall changes and Sharp siding (eye contact). For me, dreams also evoke swirling, hence the preponderance of curved movements in the dance.

Lael called her tune A Dream of Dancing because, during lockdown, it remained a dream to dance with other people. But once we are dancing again, then we shall be “Dancing her Dream” – and hence the name of my dance.

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Neil Stuart. neil@wychwood.org.uk